

IN THE KNOW

Calm the crazy pup!

LOVING A LICK MATT

ANIMAL PRODUCTS

MEAL TIME

- Wet Dog food Pate or other
- Soaked kibble in bone broth
- Home cooked ground in food processor to make paste

GROUND

Raw or Cooked

- Beef, Lamb, Bison
- Pork, Goat, Deer
- Chicken, Turkey
- Duck, Quail, Tripe
- Eggs, Cooked fish

SPARINGLY

- Liver pate or cooked liver.
Can loosen stool

CAUTIONS

- Slowly introduce raw foods
- Don't leave raw out too long
- Wash & sterilize lickmatts after each use

FRUITS & VEGETABLES

HIGH FIBER

- Brussel Sprouts
- Kale
- Collards
- Sweet Potato
- Pumpkin
- Beets

ANTIOXIDENTS

- Blueberries
- Berries
- Cabbage
- Carrots
- Asparagus

VITAMINS

- Melons
- Kiwi
- Squash
- Citrus
- Peppers

MINERALS

- Broccoli
- Swiss Chard
- Cauliflower

AVOID

- Onions
- Avocado
- Grapes/Raisins

DAIRY

GUT HEALTH

- Yogurt or Kefir with live active cultures.
Goat preferred

CALCIUM

- Soft Goat Cheese
- Cottage Cheese
- Goat Milk Cream Cheese

SPARINGLY

- Cream Cheese
- Whipped Cream
- Soft Motzerella

NOTES

- Cook Root Veggies
- Blanch greens
- Par cook squashes
- Limit Dairy

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Canine Nutritionist

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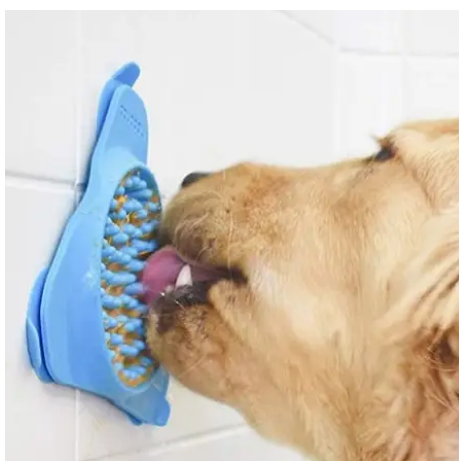


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LOVING A LICK MATT

TYPES OF LICK MATTS



OTHER ENRICHMENT



Snuffle matt



Rolling



Wobble

SLOW BOWLS

PUZZLE TOYS



CCBA RECOMMENDS

- Increase Serotonin & Oxytocin the calming & loving hormones
- Safety should be the priority
- Use your imagination
- Know your dogs chewing style
- Variety & Novelty
- Keep your pup working

